CORSI ANNO ACCADEMICO 2016-2017

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| LUNEDI’ | MARTEDI’ | MERCOLEDI’ | GIOVEDI’ | VENERDI’ | SABATO |
| BJJ mattina ELIXIA 9,30-10,30 |  | BJJ mattina ELIXIA 9,30-10,30 |  |  |  |
|  |  |  |  |  |  |
| TITO 18,30-19,30 (bambini bjj)19,30-20,30(adulti MMA) | ELIXIA17,30-18,30(bambini bjj)18,30-19,30(bambini kick) | VIETRI17,45-18,30(bambini bjj)18,30-19,30(adulti MMA) | TITO 18,30-19,30 (bambini bjj)19,30-20,30(adulti MMA) | VIETRI18,30-19,30(bambini bjj)19,30-20,30(adulti MMA) |  |
| BELLA19-20 (bambini kick)20-21(adulti kick) | ELIXIA19,30-21(adulti MMA)21-22,30(adulti bjj) | BELLA17,30-18,30 (bambini kick)18,30-19,30(adulti kick) | ELIXIA17,30-18,30(bambini bjj)18,30-19,30(bambini kick) | ELIXIA19,30-21(adulti MMA) |  |
| ELIXIA20-21KICK BOXING |  |  | ELIXIA19,30-21(adulti MMA)21-22,30(adulti bjj) |  |  |